

# MUGISHA SAMUEL



*B.Sc. – Counseling and Psychology, MSc – Counseling Psychology, PhD candidate – Counseling Psychology\_*  
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## BIO DATA

### 1. Bio Data

**Date of Birth:**

April 16<sup>th</sup>, 1974

**Area of Specialization:**

Mental Health and Psychosocial Support Specialist

### 2. Institutions Attended and Qualifications Obtained (with Dates, from the highest qualification)

S/N	Institutions Attended	Dates	Qualifications Obtained
1.	Kampala International University	2022 - date	PhD on track – Psychology (Counseling Psychology)
2.	Bugema University	2015 - 2017	MSc – Psychology(Counseling Psychology)
3.	Bugema University	2012 – 2015	BSc – Counseling and Psychology
4.	Nakawa Institute of Business Studies	2005 – 2007	Diploma – Business Administration
5.	Nakawa Institute of Business Studies	2003 - 2004	(A 'Level)UBEE- Uganda Business Education Examination
6.	Kasenya Secondary School	1989- 1992	O'Level
7.	Bumageni Primary School	1981 - 1987	Primary Leaving Examinations(PLE)

### 3. PROFESSIONAL QUALIFICATIONS/CERTIFICATE OF PROFICIENCY (with dates)

S/N	CERTIFICATION	COURSES TAKEN	DATES
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<b>I</b>	INTERNATIONAL SOCIETY OF SUBSTANCE USE PROFESSIONALS Certification on Women's Intervention for Substance Exposure	<ul style="list-style-type: none"> <li>• Basic theories and Concepts</li> <li>• Legal and Ethical issues</li> <li>• Core competencies needed to help Women and What makes women unique</li> <li>• The importance of making a women Therapeutic treatment environment</li> <li>• How to create and Implement individualized care plans</li> <li>• Case management for women</li> <li>• Components of a Comprehensive substance</li> <li>• How to create and implement a Comprehensive Assessment</li> <li>• Approaches to Caring for Women with Co-occurring Disorders</li> </ul>	August 12 <sup>th</sup> to 16 <sup>th</sup> 2024
<b>II</b>	KIU Certificate in Research and Publications	<ul style="list-style-type: none"> <li>• Writing a scientific background to the study</li> <li>• Writing a Professional statement of the Problem</li> <li>• How to identify a good literature review and research gaps</li> </ul>	August, 7 <sup>th</sup> & 8 <sup>th</sup> , 2024.
<b>III</b>	AMERICAN REFUGEE COMMITTEE Certification on Clinical management of rape survivors	<ul style="list-style-type: none"> <li>• Overview of SGBV</li> <li>• Injuries documentation</li> <li>• Applied Anatomy</li> <li>• Legal Concepts</li> <li>• Court Procedure</li> <li>• Child Sexual Abuse</li> <li>• Filling the Police form 3A and 24A</li> <li>• Psychological support</li> <li>• Referral Pathways</li> </ul>	July, 1st to 4 <sup>th</sup> 2019.
<b>IV</b>	TUTAPONA Certification on MHPSS case management	<ul style="list-style-type: none"> <li>• Stress and Trauma Management</li> <li>• Disability Inclusion</li> <li>• Self-care &amp; Vicarious Trauma</li> <li>• Guiding Principles in MHPSS</li> <li>• MHPSS &amp; Referral Pathways</li> <li>• Values and Team Culture</li> <li>• Grief and Loss</li> <li>• MHPSS Competency</li> <li>• Report Writing</li> <li>• Depression</li> <li>• Suicidality</li> <li>• Basic Counseling and Communication Skills</li> <li>• Relaxation and Mindfulness Techniques</li> <li>• HIV Disclosure</li> </ul>	November, 8 <sup>th</sup> to 11 2019
<b>V</b>	FRIENDS OF KISORO Certification on Child and Adolescent Mental Health Trainings	<ul style="list-style-type: none"> <li>• Child Traumatic Stress</li> <li>• Minimum MHPSS Standards with Children and Review of Psychological First-Aid with Youth</li> <li>• Stress management with Children</li> <li>• Adolescent Resilience</li> </ul>	March, 28 to 30 <sup>th</sup> 2018

<b>VI</b>	MAKERERE UNIVERSITY SCHOOL OF PSYCHOLOGY Certification on Psychological Interviewing	<ul style="list-style-type: none"> <li>• Coming up with appropriate informed consent</li> <li>• Attending to confidentiality</li> <li>• Exploration of Bio Psychosocial aspects of client's problems</li> <li>• Determining various appropriate intervention sequencing</li> <li>• Red-flags on Suicidal tendencies</li> <li>• Diagnostic versus non diagnostic approaches</li> <li>• Exploration of cultural issues in Psychological interviewing</li> <li>• Assessment reports</li> <li>• Termination of sessions not Therapeutic relationships</li> </ul>	September,24 <sup>th</sup> and 25 <sup>th</sup> 2015
<b>VII</b>	WINNING WAYS INTERNATIONAL(WWI) Certification on Professional Public Speaking	<ul style="list-style-type: none"> <li>• Introduction to Professional public speaking skills</li> <li>• How to conquer public speaking fright and acquire self-confidence</li> <li>• How to maintain flow and continuity</li> <li>• The power of storytelling and how to use stories in a speech</li> <li>• Speech opening and closure</li> <li>• Ways of involving the audience during speech</li> <li>• How to keep the environmental factors at the venue in control</li> </ul>	November 1 <sup>st</sup> to 4 <sup>th</sup> 2015
<b>VIII</b>	MEDICAL TEAMS INTERNATIONAL IN COOPERATION WITH UGANDA POLICE FORCE certification on First responder Phase 1	<ul style="list-style-type: none"> <li>• Basic life Support</li> <li>• Psychological First-Aid</li> </ul>	May,25 <sup>th</sup> to 27 <sup>th</sup> 2011
<b>IX</b>	UGANDA COUNSELLING ASSOCIATION CERTIFICATION ON CLINICAL SUPERVISION	<ul style="list-style-type: none"> <li>• Introduction to Clinical Supervision</li> <li>• Models of Supervision</li> <li>• Supervision Techniques and Methods</li> <li>• Cultural Competency in Supervision</li> <li>• Ethics and Legal Issues in Supervision</li> </ul>	Feb, 12 <sup>th</sup> 2021
<b>X</b>	REPRODUCTIVE HEALTH UGANDA (YOUTH ACTION MOVEMENT) CERTIFICATE OF GUIDANCE AND COUNSELING FOR ADOLESCENTS	<ul style="list-style-type: none"> <li>• Introduction to Counseling and Guidance</li> <li>• Sex and Development</li> <li>• Drug Abuse</li> <li>• Teenage Pregnancies</li> <li>• Learning Processes and Difficulties</li> <li>• Family Counseling</li> <li>• Identifying the Counseling needs</li> </ul>	Oct 03 <sup>rd</sup> - 21 <sup>st</sup> 2011

<b>XI</b>	REPRODUCTIVE HEALTH UGANDA (YOUTH ACTION MOVEMENT) CERTIFICATE OF VOLUNTARY COUNSELING AND TESTING(VCT)	<ul style="list-style-type: none"> <li>• Introduction to Reproductive Health and Voluntary Counseling and Testing</li> <li>• Basic Facts on HIV/AIDS</li> <li>• The Role of Voluntary Counseling and Testing in HIV Prevention</li> <li>• Counseling Skills for Voluntary Counseling and Testing Providers</li> <li>• Qualities of a Good Voluntary Counseling and Testing Counselor</li> <li>• Ethical Considerations in Voluntary Counseling and Testing</li> <li>• Youth Engagement in Reproductive Health</li> <li>• Sexual and Reproductive Health Rights</li> <li>• Contraception and Family Planning</li> <li>• Referral and Support Service</li> </ul>	21 <sup>st</sup> Nov-8 <sup>th</sup> Dec 2011
<b>XII</b>	BUGEMA UNIVERSITY CERTIFICATION IN MENTAL HEALTH AND COUNSELING	<ul style="list-style-type: none"> <li>• Psychological Assessment and Diagnosis</li> <li>• Community Mental Health</li> <li>• Substance Abuse Counseling</li> <li>• Stress, Trauma, and Vicarious Trauma</li> <li>• Psychosocial Support and Counseling in Crisis Situations</li> <li>• Mental Health in Schools and Educational Settings</li> </ul>	01 <sup>st</sup> –Mar 2013

#### 4. Honors and Distinctions Earned

S/N	Description	Institution	Date
I	Certificate of Merit (Summa Cum Laude)	Bugema University	2015
II	Certificate of a Merit (Guild President)	Nakawa Institute of Business Studies	2007
II I	Certificate of Recognition in presenting a paper at the Doctorial Symposium during the 3 <sup>rd</sup> Annual International Research and Development Conference	Kampala International University	2025

#### 5. Membership of Learned/Professional Bodies

I	Board Member in charge of finance, Uganda Counseling Association (UCA)
II	Member, International Society of Substance Use Professionals (ISSUP)
III	Member, American Psychological Association (APA)
IV	Chairman PTA at Lovington Junior and Primary School (Makerere)
V	A review Member No. 225074 of the Journal of Emerging Technologies and Innovative Research(JETIR)

#### 6. Details of Teaching Experience/Work Experience/University Administration(a)Teaching Experience

S/N	INSTITUTION	RANK	COURSES TAUGHT/FACILITATED
I	Kampala International University	Ass.Lecturer (2022 – Date)	<ul style="list-style-type: none"> <li>• GIC 2240: Introduction to HIV/AIDS Care and Counseling</li> <li>• GIC 1205: Psychometrics and Assessments</li> <li>• GIC 2105: Career Life and Development</li> <li>• MCP 7104: Counseling Practicum</li> <li>• MCP 7103: Introduction to Social Psychology</li> <li>• GIC 2102: Child and Adolescent Psychology</li> <li>• SWS1103: Introduction to Psychology</li> <li>• NCGC 116: Real-Life Project 1</li> <li>• NCGC 126: Real-Life Project 2</li> <li>• NCGC 216: Real Life Project 3</li> <li>• NCGC 225: Real Life Project 4</li> <li>• CSS321: Research Methods</li> <li>• GIC1102: Introduction to Counseling theories</li> <li>• CDC 9122: Scholar writing and Publication skills</li> </ul>

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**(8) Work Experience**

<b>S/N</b>	<b>POSITION HELD</b>	<b>ORGANISATION</b>	<b>DATES</b>
I	An Affiliate Psychologist	Life Assist (PTY) 6 Sturdee Avenue/ Rosebank / Johannesburg   2196	July 2025-till date
II	Lecturer	Kampala International University, Uganda.	2022 – till date
III	Psychologist Consultant	St. Catherine Hospital Buganda Road	2022 –till date
IV	MHPSS Clinical Supervisor	Care and Assistance for Forced Migrants(CAFOMI)	2020 – 2023
V	Psychologist Consultant	City Medicals Ltd, (UNISOS in Somalia)	2021-2022
VI	Associate Clinical Therapist	Tutapona Trauma Rehabilitation	2019
VII	MHPSS Specialist	Care and Assistance for Forced Migrants(CAFOMI)	2017 – 2018
VIII	Assistant Inspector of Police	Ministry of Internal affairs Department of Uganda Police	2002-2017
IX	Unlicensed Teacher	Kasenye Secondary School	1994-2001



## 9. Research

### Personal Research

#### a. Project, Dissertation and Thesis

<b>S/N</b>	<b>TITLE</b>	<b>TYPE</b>	<b>STATUS</b>
I	The Connection Between Childhood Abuse And Youth Violence	Undergraduate Project	Completed
II	Stress, Stigma And Coping Strategies Among Parents Raising Children With Autism	MSc Dissertation	Completed
III	Vicarious Trauma And Job Performance Of Workers In Selected Humanitarian Organizations In South Western Uganda	PhD Theses	In Progress

## II. Undergraduates Students Supervised and Completed

S/N	NAME	MATRIC. NO.	RESEARCH TITLE	STATUS
1.	NAMUSUSWA SUMAYA	2021-08-05338 (KIU)	The impact of juvenile delinquency on mental health among delinquents of Naguru remand home Nakawa Division, Kampala Uganda	Bsw Completed
2.	NALUNKUUMA SYLVIA	2021-08-04971 (KIU)	The Impact of substance abuse and academic performance among the University students. A case of Kampala International University, Kampala District, Uganda	Bsw Completed
3.	NABAKOOZA LILLIAN	2021-04-03950 (KIU)	Poverty On Increasing Violence Against Children In Mpigi District, Uganda	Bsw Completed
4.	MBATUDDE FAITH	2021-08-05165 (KIU)	Women's Support Groups In Promoting Economic Empowerment. A Case Study Of Deborah Women's Development Group At Lukuli - Kanisa Zone In Makindye Division Kcca	Bsw Completed
5.	OWEMBABAZI CONFORT	2021-08-06370 (KIU)	Social Work Interventions On Domestic Violence Among Families The Case Study Of Makindye Division In Kampala	Bsw Completed
6.	WADIGA RASHIDA	2021-08-05821 (KIU)	Corruption And Service Delivery In Local Governments. A Case Study Of Agule Sub county Pallisa District	Bscd Completed
7.	AINENEEMA PHIONAH	2021- 08 -05342 (KIU)	The Impact Of Education Accessibility On Poverty Alleviation In Rural Communities In Lukuli Parish In Makindye Division	Bsw Completed
8.	NABASUMBA FIRIDAUSI	2021-01-02797	The Role of social workers in Promoting gender equality in Konge Parish Makindye Division	Bsw Completed
9.	KATUSHABE ALLEN	2021-01-03214	Domestic Violence and Family Stability In Uganda. A Case study of Makindye Division	Bsw Completed

10	CHEBET MAGDALENE	2022-08-12582	The Impact Of Drug Abuse On High Crime Rates Among The Youth In Kutung Village, West Division Kapchorwa District.	Bsw Completed
11	NYACHWO ROBINAH	2022-08-12518	Assessing Mental Health Challenges Among People Living With Chronic Diseases In Kisote Village, Mulanda Sub county Tororo District.	Bsw Completed

## 8. Publication

### Journal Articles

- I. Effects of Emotional Distress on Job Performance among Humanitarian Workers in Southwest Uganda. *KIU Interdisciplinary Journal of Humanities and Social Sciences*
- II. Social support, Self-esteem, Age, Gender and Psychological adjustment among young people diagnosed of cancer in Uganda: A mediation-moderation analysis. *ISAR Publisher*
- III. The Relationship between Social Support Coping Mechanisms and Mental Health among People with Disabilities: A Case Study of Namungalwe Sub County, Iganga District, Eastern Uganda. *KIU Interdisciplinary Journal of Humanities and Social Sciences*
- IV. The Relationship between Vicarious Trauma and Job Performance of Workers in Humanitarian Organizations Of Southwestern Uganda.. *American Research Journal of Humanities & Social Science (ARJHSS)*
- V. Understanding and Addressing the Impact of Parental Stress and Stigma in Raising Children with Autism Spectrum Disorder (ASD) in Low-Resource Settings. *IAA Journal of Biological Sciences 12(2):56-60, 2024*
- VI. Understanding the Relationship between Parental Stigma and Coping Behaviors In Families With Autistic Children At Katalamwa Cheshire Home In Kawempe Division, Kampala. *KIU Interdisciplinary Journal of Humanities and Social Sciences*
- VII. The Influence Of Juvenile Delinquency On The Mental Health Of Youth At Naguru Remand Home In Nakawa Division, Kampala. *Kiu Interdisciplinary Journal Of Humanities And Social Sciences*

**9. Conferences/Workshops Attended with Papers Read (in the last 5 years)**

I	Uganda Counseling Association Training Work-shop. Theme: <b><i>Training of Counseling/Clinical Supervision</i></b> . Organized by Uganda Counseling Association. Held at Uganda Health Marketing Group (UHMG) Building Ntinda, Martyrs Crescent Road.	12 <sup>th</sup> Feb 2021
II	National Mental Health Conference Theme: <b><i>Make Mental Health For All a National Priority</i></b> . Organised by National Mental Health Working Group. Held at the Silver Springs Hotel	<b>25th to 27th May, 2022</b>
III	National Mental Health Conference Theme: <b><i>Prioritizing Mental Health Through Community Involvement</i></b> . Organised by National Mental Health Working Group. Held at the Silver Springs Hotel.	24th to 26th May, 2023.
IV	National Mental Health Conference Theme: <b><i>Strengthening collaboration and Partnership for better Mental Health Services in Uganda</i></b> . Organised by National Mental Health Working Group. Held at the Silver Springs Hotel	28 <sup>th</sup> to 30 <sup>th</sup> May, 2024.
V	3 <sup>rd</sup> Annual International Research and Development Conference. Held at Kampala International University Kampala Uganda. Theme: <b><i>Entrepreneurship and Innovation, Capacity Building and Global Sustainability</i></b>	13 <sup>th</sup> -17 <sup>th</sup> /10/2025



## 10. List of Three Referees

I. **Prof. Ruth Matoya**  
Director Healing Talk Services  
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II. **Mr. Mugerwa Gerald**  
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Signature

A handwritten signature in blue ink, appearing to read 'Ruth Matoya', is shown on a light blue background.